

InRoads Family

On Thanksgiving day Dr. Rick Skala will be travelling to Phnom Pehn Cambodia for a two week medical missions trip with Transform Asia.

Transform Asia organizes 1<sup>st</sup> World physicians to come to Cambodia and provide basic health care services to villagers where there are no physicians or health care workers. Since the death of half of the population of this country in the Killing Fields of the 70s and 80s, the reviving population has grown rapidly. The current average age in Cambodia is 15. Children's health is of great importance in securing the future health and well being of this population. The government has recently begun to allow non government church based organizations to operate in the country. Transform Asia, in addition to making health care available also operates programs aimed at saving young women and girls from the sex slave trade that dominates this region of the world. Providing health care, a place to live, meals and basic needs Transform Asia operates schools and vocational training programs along with delivering the Gospel to these abused children and young women.

As Rick goes to Cambodia one of the pressing needs in treating this population is basic medications. Many of the necessary medications we take for granted such as over the counter pain meds, stomach condition meds, and simple vitamins are very difficult to acquire even for those who have the means to purchase them in Cambodia.

Rick will be taking 50 pounds or more of medications with him on this trip. The people of the In Roads community can assist this effort by either purchasing medications at Costco, or by donating to Inroads for that purpose.

A basic med pack that contains pain meds, stomach meds and vitamins etc. can be provided for \$50.00. There is a list on your table that describes these meds and how you can participate. Rick hopes that as many of you as possible will choose to assist in this worthy endeavor.

Once in Cambodia, our medical team of four physicians and three assistants will be travelling to a total of 11 villages. If past results are any gauge of what to expect, there will be hundreds of people served each day beginning at 7:00 AM and continuing until 6:30 PM each day. Our daily clinics will range from open air set ups to indoor facilities, most of which lack the things we take for granted such as electricity and water.

Contributing medications is not the only way the InRoads community can participate. Your prayers will be essential to this trip. Our physicians will be from Fremont and Castro Valley, CA, Pittsburg, PA and Mumbai India. All of them are Christians who have been directed by God to participate. You can pray starting with the 15 hour flight into and out of the country, as well as the daily travel and mission endeavors. We will be assisted by local pastors who will be delivering the gospel message of Christ in the local languages and dialects. Rick's greatest prayer request is for the stamina necessary to deliver quality care to the first as well as the last patient each day. Please pray with Rick and his family for a safe trip, and changed lives both physically and spiritually.

Thank you

Rick Skala